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This part is all about you. Tell us about something you've done — academically or personally — and what you've learned from it. Was it a success or a challenge? Did it represent a turning point in your life? How did this particular moment in your life influence you, and how will it continue to influence you as you pursue your college education?

Being in a dilapidated situation like covid 19 completely shattered me. Emotions that were churning me for a long time took respite in these days and subdued me completely. Fighting a situation in the physical world is easier than working on self-improvement. Constant battles with myself exhausted me mentally and completely drained my energy. This was where I saw everything falling apart, and with an urge to return to my sane self, I realized the need to put myself back on track. I had unmet goals academically as well as personally, but I knew I could nurture myself. I had failed in 3 courses of my Bachelor's in Economics and had to repeat them. This was also a time when I faced a break up of a long friendship. It was my confidence that pushed me towards the sky from rock bottom, where I could end up worse. Healing became the most important aspect of my life, the will to survive the situation with the hope of living happily encouraged me to ward off these wild thoughts that would drench me in tears at night. This is something I consider one of the major challenges of my life that I fought with resilience. As I talk of it now, it seems easier, but indeed the crusade was much more difficult. I had to rise all by myself, this often led me to question my existence. The more pressing I felt it to be, the slower I decided to go. It was like walking on thin ice where hurling could have been devastating. I took baby steps looking into my problems and seeking solutions. Yes, it was excruciating to face all the trouble again and probe at the wounds they caused. Every morning was lethargic, but I wiped my tears and had to pat myself on the back, telling me that I could do it. Healing made me more consistent and disciplined in managing both my mind and body. I understood the meaning of self-love, which I believe is unconditional and a must. It comes to your rescue when there is no one to understand your troubles. Using this technique, I stopped being harsh on myself. This seems tedious, but it worked wonders for me. Putting myself forward and prioritizing my needs and mental health against issues helped me live with conviction.

Instead of crying out on my losses, I began to celebrate each success, even if it was small. This bitter-sweet journey has become a stimulating event of my life that helped me cope with the blows. It is not that I am completely over it, but yes, I am much stronger and more capacitated to deal with it. I am living with the aim of not going back into that situation. Ever since I have been thinking progressively towards dealing with issues, I have made achieving success my ultimate goal. Through my career as a financial analyst, which is also my passion, I see myself blooming toward a new horizon. I always remind myself of my aim and that I have a path to tread with a happy mind. I intend to use knowledge and learning for my advancement and enhancement. I

see this course of Master of Financial Economics as one of the major fixations for my stint to evolve into a lucrative resource with a healthy mind and heart. I am confident that my calling will make me more adept at dealing with issues, I have learned that every phase has its set of challenges that can be fought with determination.



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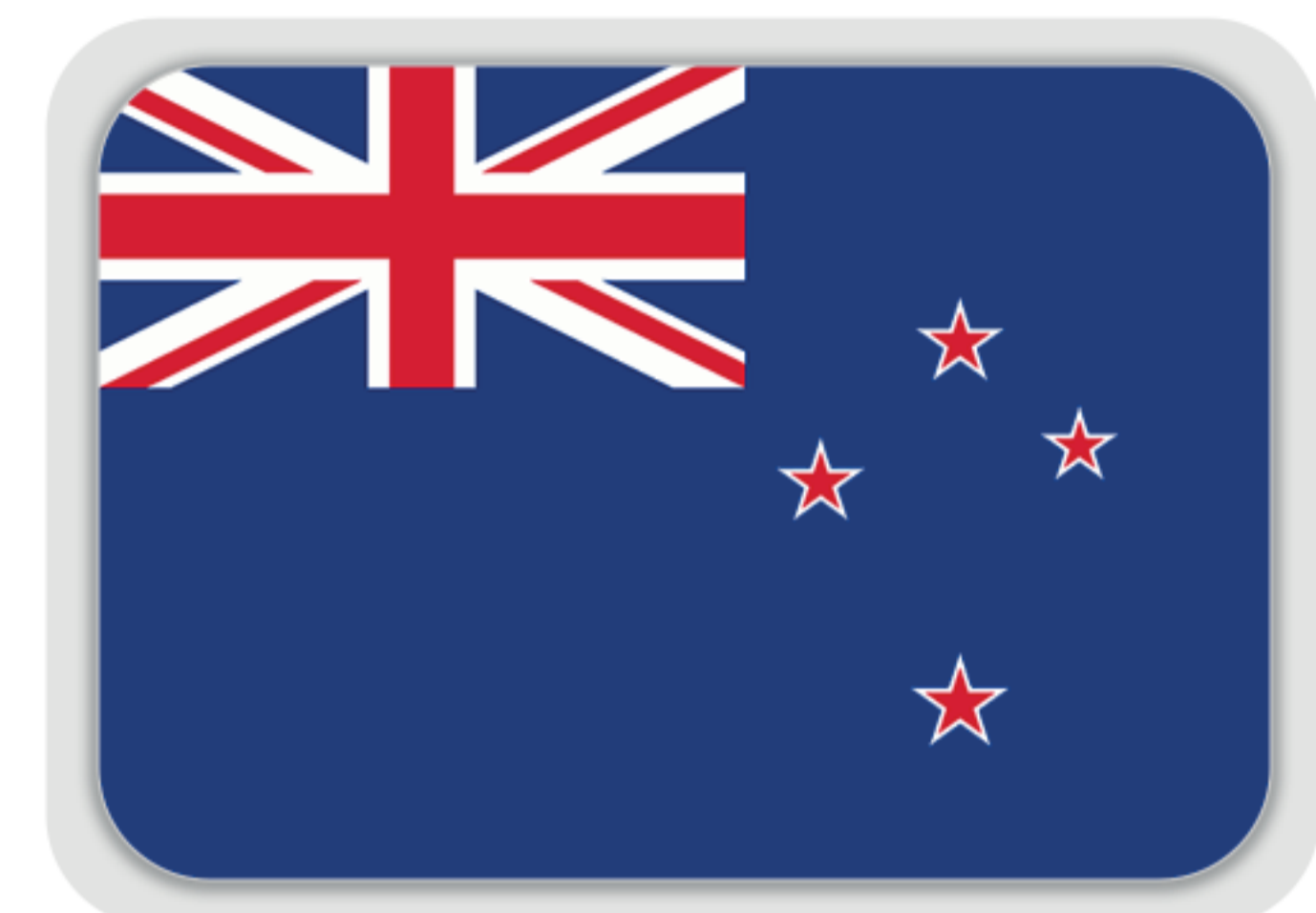
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