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Have you ever had a moment that changed your life forever?

We are mostly driven by our parents, teachers, and mentors for our careers until some life-changing moments give us the motivation to choose a particular profession. For me, that occurred during my high school when a fellow high school classmate approached me to seek academic assistance. She was academically sound, but she was grappling with her health and kept on losing weight due to illness. While assisting her, I witnessed how challenging it was for her to manage her studies with health issues. She was very resilient and she shared that during her darkest moments, her physician was her unwavering support on her path to recovery. Not only did she excel academically that semester, but she also conquered the illness that had the potential to shatter her dreams. I was moved profoundly to witness the transformative power of medicine, which deeply motivated me to pursue medicine - a profession that could bring remarkable differences in people's lives.

My interest in medicine only deepened as I progressed through medical school, especially after the clinical rotations and medical camps in different rural locations. I actively volunteered in community outreach programs and eventually, I got the role of community program coordinator. In this role, I collaborated with various departments to ensure the seamless planning and execution of these vital outreach programs. These experiences not only honed my skills to work effectively as a team but also developed my calling towards teaching and community outreach to positively impact the patient population in the community. My medical school had a tertiary care center catering to a wide patient population. I enjoyed the intellectual challenge of encountering the pathophysiology of multiple disorders that coexist in patients with multiple medical problems. I encountered several patients with internal medicine problems like heart disease, hypertension, diabetes, coronary disease, arrhythmias, etc. During this, I developed a deep interest in internal medicine.

Further, my internship in a busy COVID center consolidated my desire to pursue a career in internal medicine. The COVID-19 pandemic brought uncertainty that challenged the resilience of the entire medical community, including me as a novice medical intern. Caring for patients of all ages and backgrounds and witnessing the isolation and distress they experienced, deepened my determination to provide compassionate care. Managing patients with fluctuating oxygen levels and addressing their underlying chronic health conditions highlighted the intellectual challenges of comprehensive care. Being recognized with the "Humanitarian Award" for these efforts was an honor, but my real reward was the meaningful relationships I formed with my patients; relationships I cherish to this day. Finally, on the long road to achieving an effect of transformation on my patients, I realized that this was the kind of physician my high school friend had.

After months of chaos and an unprecedented situation the whole world faced, a sigh of relief came in the form of COVID-19 vaccines when the Indian Government rolled out the largest vaccination drive. But, I was taken

aback by the reluctance of some communities to accept these vaccines. I did a research study in collaboration with other physicians to evaluate the barriers leading to vaccine hesitancy. With perseverance and effective communication, I was able to earn the trust of the communities and gathered valuable insights into their concerns and reservations. I learned to navigate through diversity and appreciate cultural sensitivity, while effectively conveying essential information. As a future internist, I am committed to empowering people through shared medical decision-making about their health.

In pursuit of excellence, I returned to Australia, where I spent my early childhood – a nation that has consistently pioneered in implementing groundbreaking innovations in healthcare. During my hands-on clinical externships in Australia, I was astonished by the exceptional care provided by physicians and the effective use of technology to improve patient outcomes. This experience reinforced my determination to be a part of this dynamic environment that fosters innovation and quality improvement while placing patients at the center of healthcare delivery.

Since my early education, I have been a consistent performer because of my passion for learning and I always obtained excellent grades. I was also elected as the school vice-captain and represented the school in state-level activities. For my active contribution to the school community, I was honored as the recipient of the "Young Achievers" award during my graduation. Beyond the realm of medicine, I enjoy gardening, I find immense joy in caring for plants and cultivating organic vegetables. My gardening pursuits have nurtured qualities of patience and attentiveness, which have proven to be vital in my medical profession.

I am eager to embark on this journey as an internal medicine resident physician, where I can upgrade my knowledge among the world's leading medical practitioners. I look forward to this Australian Residency Program in Internal Medicine which offers a diverse clinical experience. It will help me develop the skills necessary to deliver high-value patient care. I am keen to pursue a career in academic medicine further and I believe this residency program would provide me with the essential momentum.

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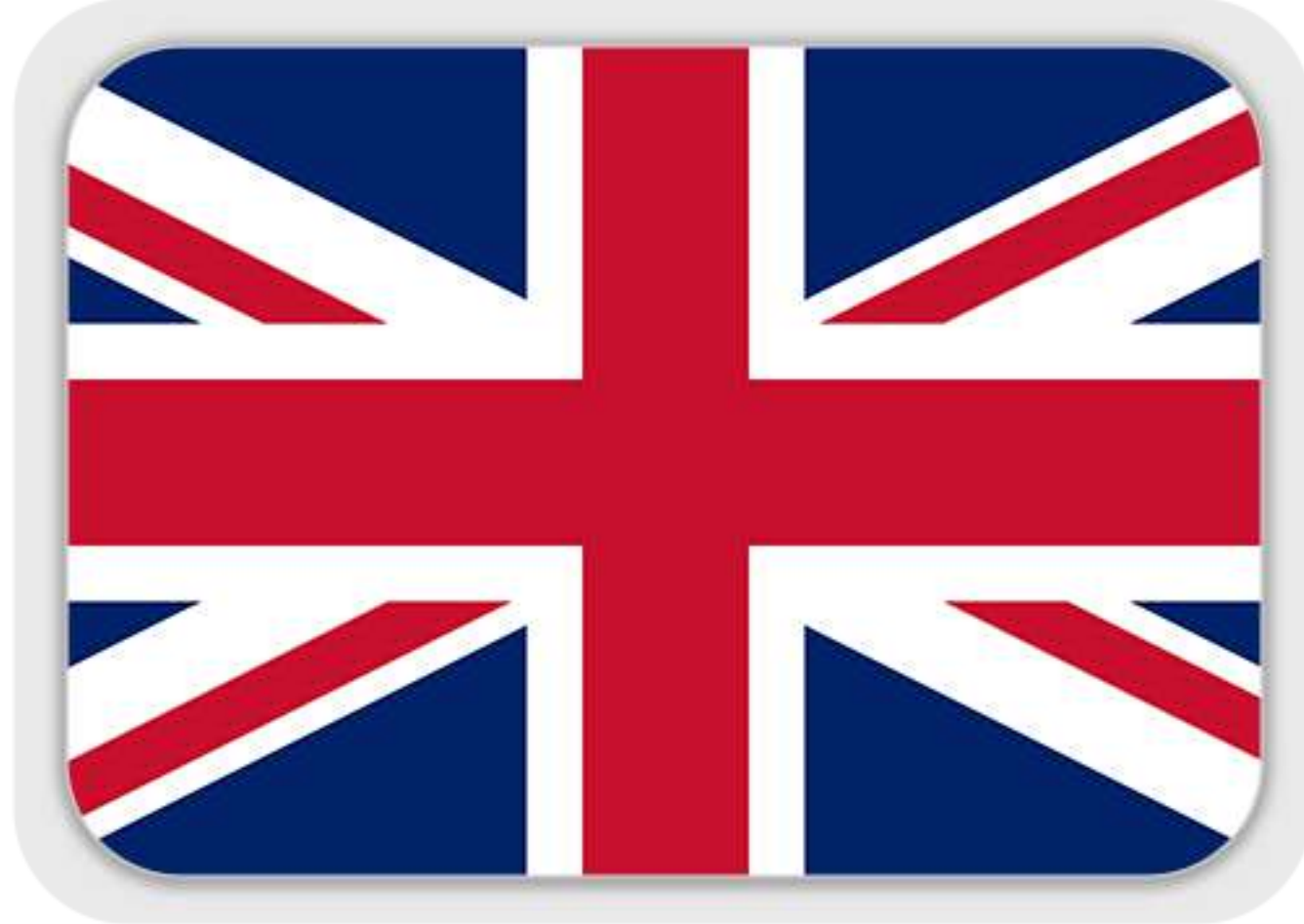
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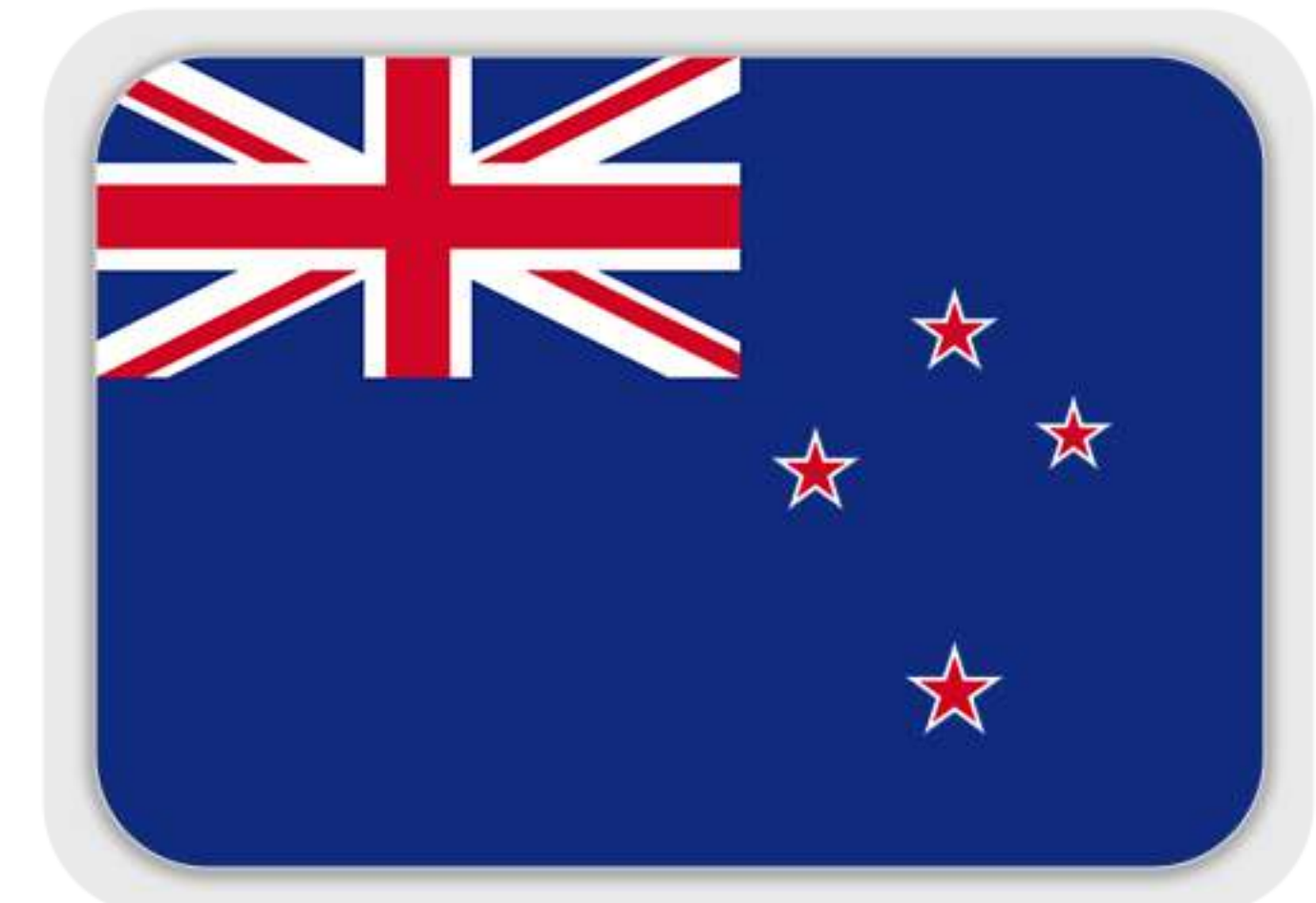
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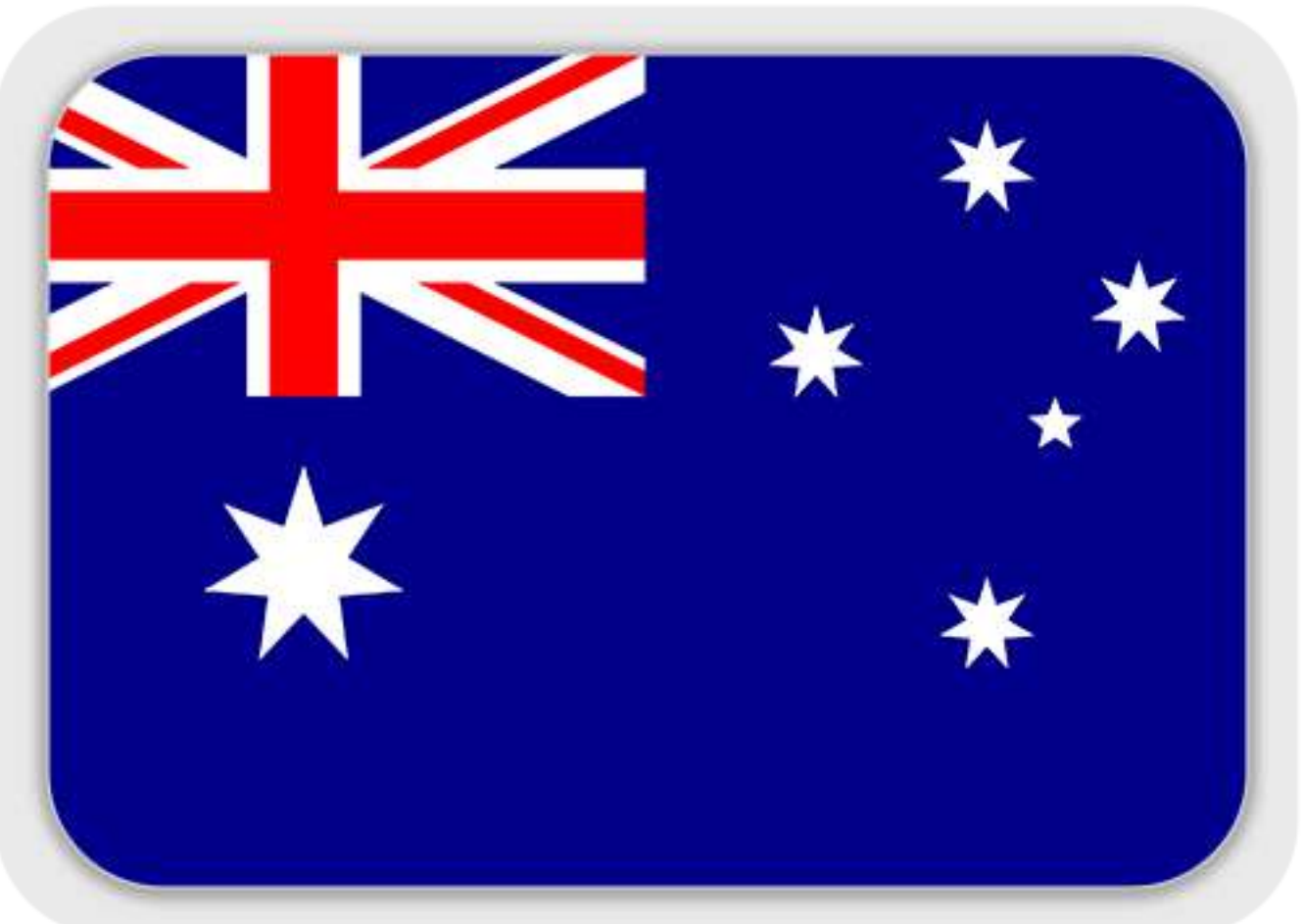
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